HAVROX

BE READY.
STAY PRACTICAL.

THE HAVROX GUIDE TO
UK HOME EMERGENCY PREPAREDNESS

Simple steps for power cuts, water outages
and unexpected disruption.



5-litre water container
View at Havrox.uk >



Rechargeable torch
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Basic first-aid kit
View at Havrox.uk >



Emergency grab bag
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INFORMED BY UK GOVERNMENT PREPARE GUIDANCE
Clear advice. A household checklist. Practical product ideas.

HAVROX.UK | Build your household kit >

YOUR HOUSEHOLD PLAN

The Havrox guide to UK home emergency preparedness
For power cuts, water outages, severe weather and short-term disruption. Incorporating the UK Government Prepare guidance, with practical Havrox product ideas.

1. A plan before a shopping list

UK GOVERNMENT GUIDANCE - PREPARE
Find out about local risks, discuss escape routes and choose a meeting point. Write important contacts on paper, keep essential documents accessible and learn how to turn off gas, electricity and water safely. Plan for children, pets, neighbours and anyone needing additional support.
Source: Prepare - Get prepared for emergencies

Useful contacts
999: immediate danger. Power cuts: 105 in England, Scotland and Wales; 03457 643643 in Northern Ireland. Keep supplier and family numbers written down. Check official alerts and flood warnings for your area.

2. Water comes first

Keep drinking water cool and away from sunlight. Plan separately for drinking, food preparation and hygiene. Stored drinking water should be your main reserve; a collapsible container is a useful addition.

UK GOVERNMENT GUIDANCE - PREPARE
Water planning benchmark
Prepare cites 2.5-3 litres of drinking water per person per day as a survival minimum; around 10 litres allows for basic cooking and hygiene. Needs vary. For three days, four people need 30-36 litres for drinking alone. Allow extra for pets, babies and medical needs.
Source: Prepare - Get prepared for emergencies



5-litre water container
View at Havrox.uk >



ReadyWise 28 servings
View at Havrox.uk >

UK GOVERNMENT GUIDANCE - PREPARE
Food and household supplies
Prepare recommends non-perishable food that needs no cooking, a tin opener, pet food and necessary baby supplies. Build your kit gradually.
Source: Prepare - Get prepared for emergencies

Check freeze-dried meals for water, heating and dietary requirements. Water-butt rainwater is not a drinking-water reserve.

LIGHT. POWER. WARMTH.

3. Keep the essentials working

UK GOVERNMENT GUIDANCE - PREPARE
UK Prepare recommends a battery or wind-up torch, spare batteries, a portable power bank and a battery or wind-up radio. Keep lights where you can find them in the dark. Torches are safer than candles; conserve your phone battery for communication.
Source: Prepare - Get prepared for emergencies



Rechargeable torch
View at Havrox.uk >



Headlamp
View at Havrox.uk >

Keep a charged power bank with the correct cables. Test your radio and note useful station frequencies. Recharge stored equipment regularly. If you depend on medical equipment, keep paper instructions and charged backup batteries where available, and discuss outage arrangements with your provider.

4. Stay warm and cook safely

Keep warm layers, blankets and sleeping bags accessible. A power cut can stop gas-boiler controls and pumps as well as electric heating. Think about the needs of the youngest, oldest and most vulnerable household members.



Sleeping bag
View at Havrox.uk >



Emergency grab bag
View at Havrox.uk >

Carbon monoxide safety
Never bring barbecues, charcoal burners or outdoor-only cooking or heating appliances indoors. Use equipment only where its manufacturer permits. Ready-to-eat food is the simplest backup.

PERSONAL NEEDS. READY TO LEAVE.

5. First aid, medication and hygiene

UK GOVERNMENT GUIDANCE - PREPARE
Review plasters, dressings, bandages, gloves and other first-aid supplies. Check expiry dates and replace used items. Arrange essential medication for several days and keep an up-to-date medication list. Include spare glasses and other personal essentials.
Source: Prepare - Get prepared for emergencies



Basic first-aid kit
View at Havrox.uk >



Body cleaning towels
View at Havrox.uk >

UK GOVERNMENT GUIDANCE - PREPARE
Hygiene and babies
Prepare includes hand sanitiser and wet wipes for water outages, plus nappies and baby formula where needed. Ready-to-feed formula avoids needing to boil water or sterilise bottles.
Source: Prepare - Get prepared for emergencies

6. Pack a household grab bag

A spare bag can hold essentials if you are asked to leave quickly. Check any purchased bag for its actual contents, then add personal items. Keep it accessible and light enough to carry.

Grab bag checklist
Water and ready-to-eat food; torch and spare batteries; charged power bank and cables; first-aid supplies; medication; warm clothing; document copies and written contacts; keys; hygiene supplies; a local map, notebook and pencil.

UK GOVERNMENT GUIDANCE - PREPARE
If escaping a house fire, do not delay to collect belongings. Get out, stay out and follow emergency-service instructions. During other incidents, follow evacuation or stay-at-home advice from the authorities.
Source: Prepare - Get prepared for emergencies

7. Support and communication

Ask your utility supplier about Priority Services Registers (Customer Care Registers in Northern Ireland). Plan with neighbours who may need help.

CHECK YOUR KIT. KEEP IT USEFUL.

8. Your six-month review

Havrox suggests checking your kit every six months, for example when the clocks change. Work through the list below and replace anything borrowed or used.

[ ] Rotate food and stored drinking water as appropriate.

[ ] Recharge power banks and test lights and radio.

[ ] Check batteries and medical-equipment backup arrangements.

[ ] Review first-aid supplies, dates and medication needs.

[ ] Update paper contacts, insurance details and document copies.

[ ] Change seasonal clothing and check grab-bag weight.

[ ] Review baby, pet, disability and accessibility requirements.

Build in stages

HAVROX PLANNING OPTIONS - NOT FIXED GOVERNMENT REQUIREMENTS
Home basics: plan, contacts, water, no-cook food, torch, radio, power bank and first aid.
Three-day layer: increase food and water for the household; add hygiene, warmth and a grab bag.
Seven-day layer: review longer-term quantities, storage and charging needs. Buy gradually and use what you already own.

Official guidance and Havrox links

UK Government Prepare: get prepared for emergencies
Read the Havrox home emergency guide online
Browse Havrox home emergency products

Product photographs link to the relevant Havrox listings. Check current specifications, contents, suitability and availability before purchasing. Product suggestions are separate from official guidance.

Havrox is an independent retailer. Government references do not imply endorsement of Havrox or its products. Follow current official instructions during an incident. Guide checked 7 October 2026. General guidance is based on the UK Government Prepare campaign; the staged-kit approach and six-month review are Havrox suggestions.